



Our concept is a private gym. We have moved away from the mass market, mediocre service mainstream mega gyms.

Welcome to **Body Elite Fitness & Boxing Gym.**

Body Elite has been operating in the **Stellenbosch** area for more than **23 years.**

Established in **February 2000** Body Elite started out as a single personal trainer with a passion for the body and a deep satisfaction in helping others change theirs.

From there it grew into a multi-dimensional business boasting a full-scale gym area and a boxing area complete with a **boxing ring.** We have a team of personal trainers, a nutritionist, boxing instructors & deep tissue masseuse to help you reach your fitness goals. We offer everything fitness related under one roof with our complete health & sports supplements shop and boxing gear retailer. We retail & manufacture gym equipment.

Our **private facility** is for people who are serious about living a healthy lifestyle.

With us you are not just a number

[www.bodyelite.co.za](http://www.bodyelite.co.za)

### Membership options for 2023

(valid until 31 Oct 2023) | (All amounts quoted in ZAR currency)

### Student deals

9 months 12 months

9 or 12 month **consecutive** monthly payment option via debit order

Gym membership (Debit order p.m.)*	439	399
Boxing /Kick boxing Classes (Debit order p.m.)*	799	699
Gym & Boxing (Combo) (Debit order p.m.)*	899	799
BJJ classes (Debit order p.m.)*	899	799
Gym, Boxing , BJJ ALL ACCESS (Debit order p.m.)*	999	899

6 or 12 month **consecutive** monthly payment option via debit order for non-students

### Non- student deals

6 months 12 months

Gym membership (Debit order p.m.)*	599	479
Boxing/Kick boxing Classes (Debit order p.m.)*	999	799
Gym & Boxing (Combo) (Debit order p.m.)*	1099	899
BJJ classes (Debit order p.m.)*	1099	899
Gym, Boxing, BJJ ALL ACCESS (Debit order p.m.)*	1399	999

\*Joining fee and Pro rata month added to the first month and payable upon joining registration.

CASH UP FRONT, ONCE-OFF PAYMENT OPTIONS get **10% discount** on total of debit order contract value when paid in full upon joining.

No discount on the joining fee.

When you join via the link the Joining fee is already included and discount applied. No need for coupon codes.

#### \* Joining fees ( once off fee on joining):

Club (assessment & program)	R	495.00
Boxing/Kick boxing classes (Intro session)	R	495.00
Gym & Boxing (Assessment, Program & intro session)	R	795.00
BJJ (Assessment, Program & intro session)	R	795.00
Gym, Boxing & BJJ (Assessment, Program & 2 intro sessions)	R	895.00

#### More services:

Personal training sessions, assessments, programs, Nutrition plans & deep tissue massage sessions.

#### Our services to studio members include:

Strength training | Cardiovascular equipment | Personal Training & Program design | Boxing One-on-One AND Group classes | Nutritionist | Deep tissue Massage | Group training sessions | Supplement & Boxing gear shop  
**Kick-boxing | Brazilian Jiu Jitsu (BJJ) Club**

#### General terms:

All payments are upfront and non-refundable. Quoted rates do not include health & fitness assessments, personal training sessions, Custom nutrition plans or group training fees or add on services etc, unless specifically stated. Only registered full time students or scholars qualify for the student package and need to provide proof of registration on sign up.

Full T's & C's on [www.bodyelite.co.za/membership](http://www.bodyelite.co.za/membership)

Personal training & program options also available and home training for clients

**Join Online: [www.bodyelite.co.za](http://www.bodyelite.co.za)**

Click on **memberships**

Click on any **"JOIN NOW"** link. This will take you to all your options.

NOTE: Joining fees and Pro rata for debit order options are added to account after online registration.

#### Contact details

**Craig Norman**

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**Ingrid Norman**

082 472 5205 or [ingrid@bodyelite.co.za](mailto:ingrid@bodyelite.co.za)

#### Physical address:

4 Memory Lane bldg

Cnr Andringa st & Banghoek Ln,  
Stellenbosch

#### Operating hours:

**Monday - Thursday 06h00- 20h00**

**Friday 06h00- 19h00**

**Saturday 08h00 - 12h00**

**Sundays & Public holidays - Closed**

Follow us on social media for the latest news

All policies and house rules available on our website:

[www.bodyelite.co.za](http://www.bodyelite.co.za)

**Body Elite—Stellenbosch | BodyEliteStb**

**@body\_elite\_stellenbosch**

